

Your IRA shouldn't stop working when you do.



Jonathan Schweiger, AAMS®
Financial Advisor
1718 School Ln Ste B
Suamico, WI 54173
920-434-0602

www.edwardjones.com
Member SIPC

Edward Jones
MAKING SENSE OF INVESTING



The Community Bulletin

FREE

March 4, 2019
Circulation 17,447

A Publication of the Howard Suamico Business and Professional Association • www.communitybulletin.org

Tender Hearts Assisted Living completes expansion

Tender Hearts Assisted Living, located at 300 Cardinal Lane in the Village of Howard, has expanded their existing CBRF assisted living to include an additional 10 beds and secured outside courtyard. Bayland Building, Inc. was the general contractor and has completed the project ahead of schedule with a completion date of March 5.

Tender Hearts Assisted Living is a family owned and operated by Rachel A. Goffard, RN, CAEd and her husband Chris R. Goffard. Rachel A. Goffard, RN, CAEd has over 30 years of experience in long term care which is a huge benefit to the residents and families. "I have been around the elderly starting at a very young age. I remember when I was really young, I used to visit the nursing home when my mom was working and color with them by numbers. This always put a big smile on their face and making them smile is what always stuck with me. When I would visit with them, they would also tell me stories about their childhood and I thought that was so neat. I knew as a kid I wanted to be a nurse and work with the elderly to make them smile. When we built our first facility in 2009, it was important to me to create an atmosphere as close to home as possible, but with assistance. This is their home said Rachel."

Both Chris and Rachel work at the facility on a full-time basis. "We are available 24 hours a day, seven days a week to ensure the residents receive the highest level of care said Rachel. We can also complete resident admissions during emergencies 24 hours

a day, seven days week. Things can happen fast and we always want the elderly and families to know we are here to help them." Our goal is to provide the highest level of services available to the elderly, Alzheimer's, Dementia, physically disabled, and terminally ill.

Tender Hearts Assisted Living is dedicated to taking care of the elderly, keeping them in a fun, secure, homelike environment. The existing facilities and new 10 bed addition are monitored by a 24-hour video surveillance system and a push button keypad to either enter or exit the facility. All entrance and exit doors are locked at all times for the resident's safety. Family members and friends can visit 24/7 with the door entrance security code.

All suites have a private bathroom with a handicap friendly walk-in shower. Each suite also has individual heating and cooling controls, refrigerator, and cable television. When residents come to Tender Hearts Assisted Living, they are provided a push button pennant to tell the staff they need assistance. This can be pushed at any time of the day or night for assistance.

According to Rachel Goffard, they will only employ the most qualified staff which will be specifically trained to provide the highest level of care provided to the early to end stage of Alzheimer's/Dementia along with encouraging, assisting, and motivating our residents to enjoy life to its fullest extent. The staff are

See **TENDER HEARTS ASSISTED LIVING,**
page 2

The tradition continues at Thornberry Cottage



After 31 years of business, owner of Thornberry Cottage in Howard, Sue VanDenElzen (pictured on the left) is turning the reins of her business to Sandra Laskowski (pictured in the center) and Suzette Hackl (pictured on the right).

Since 1987, Thornberry Cottage has been serving Northeastern Wisconsin with a full array of home accessories & gifts. Sue VanDenElzen, founder and proprietor started with a passion in décor and design along with a talent for creating the most gorgeous custom florals. She started the cottage out of the basement of her home and has grown

the store to over 5,000 square feet which is now located at 345 Cardinal Lane, Howard. The store has provided customers with an array of products from home accents including furniture, lamps, wall décor, decorative pillows and throws, permanent botanicals, decorative accessories, baby items, food, and gifts. The store has been successful over the years due to

its loyal customers and emphasis on strengthening community services with many countless hours of service by Sue, herself. Thornberry Cottage's community services are far reaching, including being a donation drop off location, participating in numerous food drives for the Giving Tree and assisting with the planning, organizing, and wrapping of auction

baskets for the "Taste of the Villages" which is the Giving Tree's major annual fund raiser. Thornberry Cottage has also supported Hope House, Wisconsin Veterans in need, and Howard Suamico Historical Society, to just

See **THORNBERRY COTTAGE**
page 2

POSTAL CUSTOMER

PRSRST STD
ECRMSS
US POSTAGE PAID
GREEN BAY, WI
PERMIT NO. 509

PO Box 12797
Green Bay, WI 54307-2797
The Community Bulletin

THE PROTECTION YOU NEED TO PURSUE YOUR DREAMS.

Even if you take a couple of wrong turns.



Contact me today to learn more or get a quote.



Joshua Lawrence, Agent

1575 Lineville Rd #A
Green Bay, WI 54313
Bus: (920) 434-9100

934 County Road B
Pulaski, WI 54162
Bus: (920) 822-3624

American Family Mutual Insurance Company, S.I. and its Operating Companies, 6000 American Parkway, Madison, WI 5378014813 - 518 62018 - 9494925



THORNBERRY COTTAGE / The tradition continues

.....from page 1

name a few. The store is a cornerstone of our community but more importantly, Sue is a servant leader for our community. She has been a member of the Howard Suamico School board, and served many leadership roles within the Howard Suamico Professional Business Association and local Optimist clubs.

After 31 years of owning and operating Thornberry Cottage, Sue will be handing off the reins of the business to two local business owners, Suzette Hackl and Saundra Laskowski effective April 1, 2019. Sue is looking forward to spending more time with her family, especially her granddaughters. "We are thrilled and honored to take ownership of Thornberry Cottage and carry on the tradition of great products, services, and most importantly continue in Sue's footsteps in serving our community" states Saundra. As such, Thornberry Cottage will again be one of the drop off locations for this year's "Taste of the Villages" auction items and will donate Thornberry staff time, talent and gifts to put the donation baskets together for the event in April. Thornberry Cottage will continue to carry products from vendors such as — Signature, MudPie, Uttermost, Creative

Co-Op, Tag, Carson, Nora Fleming, Old World, Melrose, Pavilion, etc. Customers can expect the same personalized service, great products, relaxing shopping ambiance, and complimentary gift wrapping. Suzette and Saundra also own and operate Home Again of Green Bay which is currently located at 2430 Lineville Road, Green Bay. Home Again will be moving adjacent to Thornberry Cottage at The Shoppes Thornberry on Cardinal Lane in early May. "We are excited to provide this improved shopping experience to our Home Again customers by having both stores in one location. Each will sustain their own aesthetic and product offerings allowing customers to shop at both stores to mix something vintage with something new," states Suzette.

Suzette and Saundra say a special thank you to Sue VanDenElzen for her many years of service to our community and allowing Suzette and Saundra along with the staff at Thornberry Cottage to continue these traditions. A visit to these stores is more than a shopping experience, it's a visual treat as each step takes you to new and varied displays of uniquely selected home décor, furniture, and gift items.

TENDER HEARTS ASSISTED LIVING / New 10 bed expansion at facility located in Howard is completed

.....from page 1

also trained to administer medications and ensure excellent execution of the individual medical care plan. They have employees who have been with them since they first opened in 2009. Their employees deeply care about the residents and their families. They go above and beyond to provide the best care possible. We are very thankful each and every day for the care our staff provide. Rachel added that they would not have been able to complete their 10-bed expansion without the help of their dedicated employees.

Chris and Rachel Goffard believe that only through working as a team that they

will be able to meet their resident's needs physically, psychosocially, and spiritually. At Tender Hearts Assisted Living they will provide a vast variety of superior services from basic nursing care to detailed care involving diabetic management, medication management, specialized memory care and end of life services.

All of the meals and desserts are home cooked daily by a full-time cook. Tender Hearts Assisted Living is able to accommodate most special individual diets. They also provide fruit and snacks 24 hours a day, seven days a week.

Tender Hearts Assisted Liv-

ing has a full time activity director who schedules many different outings which consists of visiting Lambeau Field, the New Zoo, Concerts in the park, Oneida Casino, Legends restaurant, Julie's Café, and Botanical Gardens. They also have different entertainment groups visit the facility to play music and sing songs. Therapy dogs also visit weekly to bring joy and companionship to the residents.

Personal care services are available from independent residents to residents needing total assistance utilizing hooyer and mechanical lifts. They are confident that if your loved one is in need of a

simple home-like atmosphere requiring assistance that you will find them to be the right choice for the highest level of care.

They are pleased to announce that they are now accepting reservations for the 10 bed expansion that is now open. With their location on Cardinal Lane, in the fast-growing area of the Village of Howard they look forward to offering their services to the community. For more information, please visit their website at tenderheartsassistedliving.com or to schedule a private tour please call Rachel at (920) 366-8500 or Chris at (920) 366-8452.



Pictured above is an ariel view of an artist's rendering of the 10 bed addition at Tender Hearts Assisted Living in Howard.

Specializing in re-surfacing of solid surface tops

TOP SHOP

Counter Top Selection:

- Laminate
- Granite
- Solid Surfaces
- Quartz

2170 Speaker Court
Green Bay, WI
920.434.4551

A Accounting & Tax Service

920-434-6055
www.AAccountingandTaxService.com
Personal & Business Tax Preparation

A-1 Typing & Resume Service

920-434-9860
www.A1TypingandResumeService.com

- Professional Resumes
- Photocopying/Faxing
- Typing/Laminating
- Notary Service

2213 Velp Avenue ~ Village of Howard

HOME AGAIN

consignment home furnishings

15% OFF a regular priced item. Just bring in this ad.

Join us! Home Consignment Shop Hop March 15 & 16 Find high quality home furnishings at affordable prices.

2530 Lineville Rd.
920-662-0665
*Exclusions may apply.

STOP Harassing Phone Calls From Creditors
Utility Shutoffs
Wage Garnishments

BANKRUPTCY

When your debts get too big to handle... Lewis & Van Sickle, LLC is here to help.

We are a federally recognized Debt Relief Agency providing relief under the Bankruptcy Code and other debt options.

Attorneys

Lewis & Van Sickle, LLC

2149 Velp Ave., Howard (920) 434-9977
741 Hwy 32, Pulaski (920) 822-2777

Visit the Howard Suamico Business & Professional Association on the web @ www.hsbpa.org

springtime fun..

Thornberry Cottage

break out of the ice and cold!
warm throws ♦ farmhouse metals
cozy socks ♦ bunnies ♦ gift baskets

Flower Sale!
all stems, great savings!

Take 20% off any one item

coupon valid for 20% off any one item. some exclusions may apply. expires 3.31.19.

345 Cardinal Ln ♦ Howard
920-434-1542 ♦ mon-fri 10-6, sat 10-5
www.thornberrycottage.com
have you liked us on facebook yet!

The Community Bulletin

PO Box 12797 • Green Bay, WI 54307-2797
A PUBLICATION OF THE HOWARD SUAMICO BUSINESS AND PROFESSIONAL ASSOCIATION
VOLUME XXXVI—NUMBER 3

CIRCULATION

The next publication of The Community Bulletin will be on April 1, 2019. The Community Bulletin is delivered via US Mail within the coverage area. The paper can also be obtained at La Java, 2300 Lineville Road in Suamico.

NEWS

The Community Bulletin is interested in printing local interest stories. These stories along with any photos can be submitted by the deadline for consideration in our next issue. Articles are placed in the paper on a "space available" basis. Information can be mailed to address above or via e-mail to info@communitybulletin.org. When submitting by e-mail, please include "Community Bulletin Article" in the subject line. If you submit a photo by mail, that you would like returned, please enclosed a self addressed, self stamped envelope.

ADVERTISING

Advertising in The Community Bulletin is available to all members of the Howard Suamico Business and Professional Association. Prices are based on print-ready copy. Print-ready ads to be placed in the April 1, 2019 issue must be received by March 25, 2019. Please allow 2 extra days for ads that require typesetting and layout. When submitting by e-mail, please include "Community Bulletin Ad" in the subject line.

Ad Size	Dimensions	Cost (reg)	Cost (color)
Business Card	3 3/8" w x 2" h	\$46.40	\$60.32
Eighth Page	5 1/8" w x 4" h	\$127.20	\$165.36
Quarter Page	5 1/8" w x 8" h	\$192.00	\$249.60
Half Page	10 3/8" w 8" h	\$302.40	\$393.12
Full Page	10 3/8" w x 16" h	\$547.20	\$711.36

Front Page Ads	Dimensions	Cost
Leaderboard Ad	10 3/8" w x 1 1/2" h	\$335.50
Billboard Ad	6 7/8" w x 2" h	\$247.50

For more information contact:
Bob Strazishar
marketing manager
(920) 655-8278 or
e-mail: info@communitybulletin.org

H-S Optimists make check presentation



Radio station Y100 listeners have opened their hearts to the children of St. Jude to the tune of over \$5 million since their first radiothon 22 years ago. The Northeast Wisconsin tradition of fighting childhood cancer continued with the 2019 Y100 Country Cares for St. Jude Kids Radiothon that was broadcast live from Bay Park Square Mall in Green Bay on February 7th and 8th. A donation of \$1,000 from the Howard-Suamico Optimist Community Foundation to St. Jude Children's Hospital resulted in a total of \$2,840. Pictured above from left to right are Rebecca Agamaite, Mary Joan Van Dyke-O'Leary and Chris Nielsen.

Allstate melts away winter worries with hot tips for homeowners

If history is any indication, Allstate agency owner Tim Vanden Heuvel says homeowners could be without power, using space heaters and worrying about frozen pipes after the cold weather Northeast Wisconsin has experienced in the last few weeks.

After the last stretch of severe cold weather in 2014, Allstate had nearly twice as many water-related property claims compared to the months of January, February

and March in 2016, 2017 and 2018 (and approximately 35% more than 2015). As we continue to see cold temperatures, Allstate reminds homeowners of a few simple tips and tricks to help stop further damage:

Avoiding or Thawing Frozen Pipes

- The Red Cross suggests leaving cabinet doors open and using a fan to circulate the warmer air

around pipes near exterior walls during a hard freeze.

- Let water faucets slowly drip to help prevent water from freezing and to relieve pressure in the event that some water does freeze, says the Insurance Institute for Business and Home Safety (IBHS).
- If your pipes do freeze, leave the faucet on and use a blow dryer (never an open flame torch or other device) to help heat

the pipe until there's a steady flow of water, says IBHS.

Handling and Preventing Ice Dams

- In the event an ice dam forms, the National Weather Service suggests keeping the attic well ventilated — the colder the attic, the less melting and refreezing on your roof.
- To help prevent ice dams

in the future, homeowners can add extra attic floor material to help keep the warm air inside their home and out of the attic before the next big cold snap, according to This Old House.

How and When to Use Space Heaters

- Set space heaters up on a level surface and out of reach of anything flammable (at least three feet

away from clothing, curtains, etc.).

- A space heater should be plugged in directly to an outlet — not used with a power strip.
- Space heaters should be turned off before you leave a room or go to sleep. If possible, use one with an automatic shutoff in case it falls over.

Following these tips could help prevent additional losses this winter.

Fishing rod building class

Looking for that unique fishing rod? There will be two fishing rod building classes that will be held at the Bay Port High School Union.

The first class is scheduled for Friday, April 12th from 5:00 p.m. to 8:00 p.m. and the second class is on Saturday, April 13th from 11:00 a.m. to 4:00 p.m.

This is a face-to-face course that will help you build your own custom spinning fishing

rod from start to finish. Participants are able to customize their rod from start to finish including the ability to customize their rod via length, action, and color.

Seating is limited to 40 participants, so be sure to register early.

The cost is \$55 and all purchases are final. Proceeds from the rod building class will support Bay Port FFA. Rods will be able to be picked

up on Monday, April 15th at 5:00 p.m. at the Bay Port Union.

To purchase tickets, visit www.bit.ly/FFARodBuilding.

For more information contact If you have any questions, please contact Ms. Whitney Barnes, Bay Port High School Agriscience Instructor and FFA Advisor at (920) 662-7034 or email whitbarn@hssdschools.org.

Home Consignment/Resale Spring Shop Hop March 15th & 16th

Ten Local stores are hosting the annual Spring Shop Hop event on Friday, March 15th and Saturday, March 16th. Home Again located at 2530 Linville Road in Suamico will be participating with store hours from 10:00 a.m. to 6:00 p.m. on Friday, March 15th and 10:00 a.m. to 4:00 p.m. on Saturday March 16th.

The other shops participating include; Interior Motives, Décor Consignment, Three Lil' Birds, The Mixed Basket, Consign it east town and Bay Park Square, Uniquely Yours Home Décor and Antiques, Unity Resale Shoppe, American Antiques and Jewelry.

A list of these stores with addresses and hours can be picked at Home Again.

Be sure to pick up a punch card at the first location you visit. After getting all ten punches, turn it in at the last store for an in-store \$50 gift certificate drawing.

Each of the 10 locations will have one drawing winner and a multitude specials for the event. Make it a day of shopping fun to explore them all.

24th Annual Spring Showcase of Homes

Meet area home building experts at the Brown County Home Builders Association's 2019 Spring Showcase of Homes, March 2nd - 3rd and 7th through 10th. Saturday and Sunday hours are 10:00 a.m. to 5:00 p.m., Thursday and Friday hours are 4:00

p.m. to 8:00 p.m.

Remodeling projects will be open on the second weekend only - March 9th and 10th.

Attend the showcase to view a variety of newly constructed homes in varying sizes and price ranges, and six amazing transformations in

recently remodeled homes.

Meet with area professionals to discuss your future home goals, whether you plan to build a new home or remodel an existing home.

HSBPA member business, Black Diamond Builders, will be featuring two new con-

struction homes this year during the Showcase of Homes. The new construction homes that were constructed by Black Diamond Builders are located at 1728 Steiner Lane in Green Bay and 772 Maple Leaf Trail in Little Suamico.

Tickets can be found during

regular business hours at the BCHBA Office, Capital Credit Union, H.J. Martin & Son, Homestead Décor, Johnson Bank, Macco's Floor Covering, North Shore Bank, Nicolet National Bank, Van Vreede's TV & Appliance, and Wenz Home Furniture, as

well as, at any showcase home during the event.

Ticket sale locations accept cash and checks only. Once tickets are purchased, attendees will receive the official Showcase Guide Book. Visit www.bchba.org for additional information.

Alamo's Pizzeria opens in Suamico



Alamo's Pizzeria and Pub now offers a sit down restaurant along with beer at its new location at 1582 Lineville Road in Suamico. Alamo's Pizzeria and Pub offers a sit down restaurant along with beer.

Felipe Alamo, owner of Alamo's Pizzeria and Pub, has always had a desire to be his own boss. It is with the support of his family, that his dreams have become a reality. "We've been at this family business since 2007, and I can honestly say I wouldn't be able to do it all without my family. I have a beautiful wife and four amazing kids —

three girls and a son," stated Felipe.

Since the beginning, his entire family have been coworkers at work, and a family at home. It has been a rough journey moving place to place trying to find a good location for their business. Alamo's previous location on Velp Avenue in Howard was just a pick-up and delivery business.

They wanted people to feel more at home, so they decided to move into a larger location.

Alamo's Pizzeria and Pub now features a sit down restaurant that is located at 1582 Lineville Road in Suamico complete with beer and good food. Felipe Alamo stated, "We want everyone to give us a try and enjoy our delicious food."

Win big at St. John the Baptist's School Big Kahuna Auction

Transport yourself to a tropical paradise right here in Green Bay. Come to St. John the Baptist School's annual auction on Saturday, March 2nd at Rock Garden Banquet & Conference Center located at 1951 Bond Street in Howard. The school's Big Kahuna theme will transform your night into a Hawaiian oasis of delicious food, drink, raffles and non-stop bidding action.

St. John the Baptist School's Big Kahuna raffle will make someone \$10,000 richer that night. Only 300 tickets will be sold so don't miss out on these amazing odds. There also will be two \$1,000 winners and three \$500 winners. You do not need to be present to win, but who would want to miss out on all the fun?

Open to the public, the night

will kick off with doors opening at 5:00 p.m. A delicious spread of heavy appetizers is included with your admission and drink packages are available to purchase. Over 300 items will be available for bidding in the silent auctions - some items will be a deal to be had, others may go over their value because buyers know they are making a wonderful donation to their growing school. Either way, there is truly something for everyone. They will also have an exciting live auction starting at 8:30 p.m. that is truly a sight to be seen.

The St. John the Baptist School's annual auction will include a Murder Mystery Dinner Party package, a Lake Michigan Charter Fishing Excursion, autographed Green Bay Packer items, a poker

tournament sign-up, high school graduation parking and seating packages, one-of-a-kind classroom art masterpieces, lunch and tour with a local firefighter, Walt Disney tickets, hotel escapes and so much more.

New this year is that one can register online by visiting their school website at www.sjbschool.org. Click on the auction image that is part of the scrolling photos on the home page and you will be directed to all things auction. Admission is \$25 per person.

The students and families of St. John's have worked very hard on this event, and invite you to bring your friends and join the fun. All proceeds benefit St. John the Baptist School which is a 501c3 organization.

Back pain? When to get some help

Submitted by Bob Brady PT, ProMotion in Howard

With all of the snow we are getting, many of you are doing more shoveling and snow blowing than you are used to. This may result in you feeling some pain in your low back. At what point should you get some treatment? Should you wait a while for it to go away or get treatment right away? Does it really matter?

For most episodes of a new onset of back pain, I am not a proponent of someone rushing to get treatment right away. Research has shown us that most new back pain will get better if a person follows a few simple steps:

- Attempt to stay active with home, exercise, and work activities. Make some revisions as needed, but attempt to keep doing activities you are used to.
- Minimize worry about your back-although it can

hurt a lot, in only rare situations (less than 5% of back pain) is there something seriously wrong.

- Change positions frequently throughout the day and evening-sit a bit, stand a bit, lay down a bit.
- Attempt to maintain quality sleep-getting adequate rest will help you recover quicker.

However, what if you are doing some of these things and the pain does not seem to be improving? Or, more concerning, what if it is getting worse? In this situation, it might be better to get in for some treatment and appropriate advice sooner, rather than waiting longer. This is supported by research.

In a 2018 research paper by Elizabeth Arnold and colleagues, the impact of the timing of physical therapy on a variety of outcomes was assessed. In reviewing 11 studies that looked at the timing of physical therapy treatment

for an acute onset of low back pain, the authors concluded that getting treatment within the first 30 days of the onset of back pain reduced the need for further health care utilization (Dr. visits, MRIs, X-rays, injections, surgeries), decreased overall cost, reduced opioid use, and may improve health care efficiency i.e. how soon you get better.

What does this mean for you? If you are experiencing a new onset of low back pain, it is totally appropriate to give it a few days to see if it starts to get better on its own-most back pain will. However, if yours is not getting better, or is getting worse, call to get some assistance by someone specifically trained in the evidence-based care for low back pain. Overall, it may help you recover quicker, decrease the need for further care, and importantly reduce the risk that you will be offered more risky medications and/or procedures.

Better together.

 +  +  = SAVE



Tim Vanden Heuvel Agency

920-494-7999

1900 Velp Avenue

Green Bay, WI 54303

tvandenheuvel@allstate.com

The more you protect, the more you save.

We can help you protect more than you'd expect. We also have lots of ways to help you save when you bundle your policies.

Get the savings you deserve. Call us or stop by our office for a free quote.



Allstate
You're in good hands.

Proudly protecting our community for over 29 years.

Subject to terms, conditions and availability. Savings vary by state and product line. Allstate Property and Casualty Insurance Co., Allstate Insurance Co., Allstate Indemnity Co., Allstate Vehicle and Property Insurance Co. © 2015 Allstate Insurance Co.

9603959

Old Glory Honor Flight presents welcome home celebration for Vietnam veterans

Old Glory Honor Flight departed on February 24th with 53 veterans for a two-week tour of Vietnam on a one-of-a-kind Return to Nam Honor Flight. Each veteran on this trip was stationed in Vietnam or the surrounding area during the course of the war. The group is scheduled to arrive back home on Saturday, March 9th and the community is invited to show their appreciation for all Vietnam veterans by attending a welcome home celebration at the Menasha High School Fieldhouse from 5:00 p.m. to 8:00 p.m.

Admission to this family friendly event is free of charge and entertainment will be provided by the 484th Army Band and the Menasha High School Band. Military



equipment from the Vietnam era will also be on display. "Our Vietnam vets were treated poorly upon their return and many feel as if they

endured the horrors of war for nothing," said Old Glory Board member Scott Delsart. "This trip will give these vets an opportunity for some clo-

sure. Seeing firsthand how the Vietnamese people have recovered from the war, will undoubtedly induce some much-needed healing for themselves."

"One of our participating vets commented "To protest while guys were over there dying... to me that was just wrong." Now, we have the opportunity to right that wrong," said Old Glory Honor Flight Board Member Diane MacDonald. "We want to see the Menasha High School fieldhouse packed to the rafters to show these vets how much we appreciate what they did for us."

Old Glory Honor Flight is a registered 501(c)3 organization. Visit www.oldglory-honorflight.org for more information.

Edward Jones named one of 2019 Fortune "100 Best Companies to Work For"

Financial services firm Edward Jones ranks No. 7 on the 2019 Fortune "100 Best Companies to Work For" list, according to global research and consulting firm Great Place to Work and Fortune magazine. This year marks the firm's 20th year on the list.

"At Edward Jones, we believe there are two relationships that form the foundation of our firm and how we work — the relationships we have with our clients and the relationships we have with one another," said Edward Jones Managing Partner Penny Pennington. "That's what makes this recognition so significant: It represents our associates' longstanding commitment to creating an environment where each of us can do our best work in serv-

ice of our clients." The Howard/Suamico area financial advisors are: Jonathan Schweiger, Greg Hansen, John Guyette, Ilya Dayter and Lee Schram.

Edward Jones, a Fortune 500 company headquartered in St. Louis, provides financial services in the U.S. and, through its affiliate, in Canada. Every aspect of the firm's business, from the investments its financial advisors offer to the location of its branch offices, caters to individual investors. The firm's 17,000-plus financial advisors serve more than 7 million clients and care for \$1 trillion in assets under management. For additional information on Edward Jones, visit www.edwardjones.com and recruiting website at careers.edwardjones.com.

GH Lenz & ASSOCIATES



(920) 434-1609
2225 Velp Avenue
Green Bay, WI 54303
www.gordonlenzinsurance.com

James R. Lenz
jlenz@lenzins.com

medical • dental • life • disability • medicare

WILLS & TRUSTS

Peace of Mind For You & Your Family
Lewis & Van Sickle, LLC

2149 Velp Ave., Howard (920) 434-9977
741 Hwy 32, Pulaski (920) 822-2777

Make your financial future a priority.



Ilya Dayter, AAMS®
Financial Advisor
2149 Velp Ave Suite 300
Green Bay, WI 54303
920-301-3566

Edward Jones
MAKING SENSE OF INVESTING



Honoring Veterans and Community for Over 40 Years

Follow the Return to Vietnam Honor Flight stories at: wбай.com/honorflight

Pfotenhauer
Funeral Homes & Cremation Services

Veteran Owned Funeral Home 

PfotenhauerFuneralHome.com

Harold J., Michael H. & Andrew J. Pfotenhauer - Wisconsin Licensed Funeral Directors
Founding Member Howard-Suamico Business and Professional Association

BodyWorks & Laser Clinic, LLC

ZERO Surgery.
ZERO Pain.
ZERO Downtime.



LASER FAT REDUCTION

\$1275 8-SESSION SERIES
CALL TO BOOK YOUR FREE CONSULT! (920) 234-5000

Just A Few Of Our Client Testimonials:

"Loved getting the Zerona Z6 Fat Reduction Laser Treatment done. It has been so hard seeing any fat reduction since having 2 little kids and with this I am finally seeing the results I want!" - Brook, **11.5" Lost**

"Staff was very friendly. Everything was explained in full and all questions were answered. Would recommend to anyone looking to lose a few inches. Very happy with my results." - Kim, **10.75" Lost**

* Visit our website at www.bwlcgb.com/laser-fat-reduction to learn more and review more of our client testimonials.



(920) 234-5000 | www.bwlcgb.com | mel@bwlcgb.com
721 Cardinal Lane, Suite 200, Green Bay, WI 54313

A NEW PERSPECTIVE
on your children's dental care

First Impressions
PEDIATRIC DENTISTRY

NO REFERRALS NEEDED

FIDKIDS.COM

BELLEVUE
2633 DEVELOPMENT DR
STE 40
920.337.4746

HOWARD/SUAMICO
2304 LINEVILLE RD
STE 101
920.434.4600

Jennifer Moseley-Stevens, DDS

Mark Shaw, DMD

Thomas Turner, DDS

Current Availability

Tender Hearts Assisted Living
"Where our Hearts Care for your Loved Ones"

10 Bed Expansion Opening in March 2019 Rooms Available!

320 Cardinal Lane • Located in the Village of Howard

First class facilities you'll fall in love with

You'll surely fall in love with our spacious rooms and the modern facilities attached to them. If you are looking for the perfect assisted living center for yourself or your beloved elders, this is one place that you can always trust. Count on us when we say that we truly care.



Personal care services at all-inclusive rates

- Locally family owned and operated by a Registered Nurse and her husband
- Beauty salon and whirlpool spa
- Housekeeping and laundry services
- Religious services
- Large back patio overlooking natural growth wetlands secured by a fence
- Outdoor gardening activities
- Independent to Total Assist with Mechanical Lifts

Medical services for all residents

- Large bariatric rooms with walk-in shower
- Health/ I&O/ weight/ diabetic/ vital sign monitoring, medication/ diabetic management by a Registered Nurse
- Ambulatory/ non ambulatory with complete wheelchair access
- Two full-time Registered Nurses
- 24/7 awake staff to provide assistance with life activities
- Secured doors with 24 hour video surveillance

For more information or to schedule a private tour, please contact Rachel A. Goffard, RN, CAEd at (920) 366-8500 or rgoffard@thcbrf.com or Chris R. Goffard at (920) 366-8452 or cgoffard@thcbrf.com

www.TenderHeartsAssistedLiving.com

\$495 + 2% COMMISSION
Full Service Broker
\$60 Million Sales – Proven Success





www.GoJimmer.com
920-660-1846

Plain & Simple List Your Home
\$495 Now, and 2% Later
GoJimmer Saves You \$\$\$

RESERVE AN APPOINTMENT
GoJimmer@yahoo.com 920-660-1846
March fills up Fast... don't delay!

Buying 1st, Selling Later?
>>> Ask about a FREE Home Warranty <<<
GoJimmer Helps You Buy!

Jimmer Greguske broker/owner
www.GoJimmer.com/about-me




Enroll Today!
Preschool through 8th Grade
Catholic School

We offer early childhood (3K) through 8th grade in an environment with strong faith, strong academics and strong family. Schedule a tour to see if we are the right school to partner with in raising your child.

WE ARE GRACE:

Strong Faith Strong Academics Strong Family

sjbhschool.org (920) 434-3822

HOWARD

CHIROPRACTIC CLINIC, S.C.

Winter Slip And Fall Prevention

During winter, slip and fall related injuries increase significantly, here are some tips to help prevent incidents.

- Stretch before going outside. When muscles are limber it can reduce chances of breaks.
- Wear appropriate footwear that provides traction on ice and in snow.
- Take short steps and shuffle your feet for stability.
- Keep your center of gravity over your feet and both hands free for balance, rather than in your pockets.
- Use special care when entering vehicles.
- Avoid listening to music, talking on the phone, or texting.
- If you start to fall, worry only about falling. Drop what you're holding and do not tense up. Spread the impact. You're more likely to break something if only a single part of your body takes the full force of the fall.



Dr. Dennis J. King Dr. Jennifer Vollrath-Grosam Dr. Alaina Sperber Dr. Richard Kingsbury

Sustained An Injury & Need Emergency Chiropractic Care?
We Offer After Hour Emergency Care - Call (920) 434-2221

721 Cardinal Lane, Suite 100, Green Bay, WI 54313 | Visit our website at www.hccgb.com for more information.

Design Fair

Talk to the professionals!

**Saturday
April 6th
10am-2pm**

design |
a la mode

**1744 Riverside Dr.
Suamico WI 54173
920.662.9908**

~ON SITE FLORAL DESIGNER~

bring in your container or purchase one of ours!

~15 MINUTE SKETCH-UP DRAWING SESSION~
bring a photo & measurements of a wall/area
where you need help!

SEE OUR FACEBOOK EVENT FOR MORE INFO

TILE INSTALLATION SEMINAR

Learn the proper substrates, tools & materials for your install!

**CALL TO PRE-REGISTER
SPOTS ARE LIMITED
920.632.4792**



TILE & STONE
GALLERY

1740 Riverside Dr. Suamico WI 54173

Attention Back Pain and Sciatica Sufferers:

Back Pain & Sciatica Workshop

Reveals How To Naturally Heal Back Pain and Sciatica For Good.

- Do you suffer with back pain or leg pain when you stand or walk?
- Do you have pain when you sit for long periods or drive?
- Do you experience pain, numbness, or tingling into your butt, groin, or down your leg?
- Does your back ever "go out" if you move the wrong way?
- Are you afraid your pain will get worse if you don't do anything about it?

If you answered YES to any of the above questions (or have a stubborn spouse who is in denial), the Back Pain and Sciatica Workshop may be a life changing event for you....

Back pain and sciatica can have a significant impact on your life...I've seen it many times. It can make you lean on the shopping cart when walking through the grocery store... It can take your focus away from enjoying your life...like spending time with your children or grandchildren... It can mess up your work or force you to do a job you don't want to do... It can ruin your travel plans... AND it can take away your ability to live life... having to rely on others... or wait for you to sit down a minutes.

And less movement and less enjoyment of life can lead to depression, increased stress, and a sedentary lifestyle (mostly sitting, not moving much) which leads to bigger health problems, and life problems.

Here at ProMotion, our Back Pain and Sciatica specialist has helped hundreds of people from right here in Green Bay, and the rest of Brown County, who have suffered needlessly with lower back pain and sciatica... it's our specialty.

So, by request, I'm hosting a Lower Back Pain and Sciatica Workshop here at ProMotion Physical Therapy at 2450 Velp Ave, Ste 107B, Green Bay, WI 54303 on Wednesday, March 20th from 6 to 7pm.

If you're confused about what to do and are looking for answers, here's some of what you'll learn.

- The single biggest mistake back pain and sciatica sufferers make which actually stops them from healing.
- Why the things seen on MRIs or X rays (degenerative discs, arthritis, bulging discs) may not be the reason why you hurt.
- Why it is not likely that your back goes "out of alignment."

- How a problem with your back can cause pain, numbness, or tingling in your leg.
- Some reasons why the pain you are having has not gone away.
- What successful treatment and permanent relief looks like without the side effects of medications, injections, or surgery.

How Do I Register for the Lower Back Pain and Sciatica Workshop? Call our office at (920) 857-1622

How Much Is It to Attend? Nothing...the event is FREE!

When you register, we will mail you The Lower Back Pain and Sciatica Worksheet which you will bring with you to the event.

We only have 20 seats available for this event...so if you would like to attend, be sure to register now at (920) 857-1622.

All 20 attendees for the Lower Back Pain & Sciatica Workshop will receive a Special Report: The 6 Back Pain Myths: Knowing About These Can Help You Recover Faster.

Looking forward to seeing you there,



Bob Brady PT, DCS, FAOMPT
Back Pain and Sciatica Specialist
at ProMotion Physical Therapy

P.S. This event is limited to the first 20 people to register. When you register, you can bring a guest (we do this because many people request to bring their spouse or other family member)

Register today to attend our workshop on Wednesday, March 20th at 6pm. Call 920-857-1622 to secure your spot!



**2522 Glendale Ave.
Howard 321-0180**

Prices good thru 3/31/19

no coupon needed

Free 50ml bottle of liquor (up to \$1.00) with purchase of \$20.00 or more of edible grocery items, liquor, wine or beer.

EXPRESS PANTRY COUPON

FREE

20 oz. Diet Rite, R.C., Sundrop, Diet Sundrop, Sundrop Cherry Lemon or Diet Cherry Lemon
16.9 oz. Coke, Diet Coke or Sprite
20 oz. Coffee or Cappuccino



* With 8 gallon gas minimum purchase. Valid only at 2522 Glendale Ave.-Howard. Coupon valid March 4-17, 2019



EXPRESS PANTRY COUPON

FREE

20 oz. Diet Rite, R.C., Sundrop, Diet Sundrop, Sundrop Cherry Lemon or Diet Cherry Lemon
16.9 oz. Coke, Diet Coke or Sprite
20 oz. Coffee or Cappuccino



* With 8 gallon gas minimum purchase. Valid only at 2522 Glendale Ave.-Howard. Coupon valid March 18-31, 2019



PRE-PAID GIFT CARDS AVAILABLE

- ❖ BP Pre-paid Gas & Merchandise Cards
- ❖ 24 Hour Pay at Pump
- ❖ ATM Machine
- ❖ We accept WI Quest

1500 Sq. Ft. Commercial Retail Space Available

Located next to Express Pantry. For more information, call Bob at (920) 737-3839.



Busch, Busch Light, Miller High Life or Miller High Life Light
30 pack cans

\$17.99



Bud, Bud Light, Miller Lite or Coors
24 pack cans

\$18.49



Canadian Club Whisky
\$18.49 1.75 liter



Seagram's VO Whisky
\$19.99 1.75 liter



Windsor Canadian Whisky
\$14.99 1.75 liter



Franzia Wine Boxes selected varieties
\$12.99 5 liter



Admiral Nelson Spiced Rum
\$12.99 1.75 liter



Calvert Extra Whisky
\$11.99 1.75 liter



Kessler Whiskey
\$8.99 liter



St. Brendan's Irish Cream
\$9.99 750 ml



Taaka Gin, Taaka Vodka, or Aristocrat Vodka
1.75 liter

\$9.99



Canadian LTD Whisky
\$12.99 1.75 liter



Canadian Mist Whisky
\$15.99 1.75 liter



Smirnoff Vodka
2/\$9.99 375 ml, plastic



Jagermeister regular or spiced
\$18.99 750 ml **\$23.99** liter



Kessler Whiskey, Gordon Vodka, Platinum Vodka, Fleischmann's Vodka or Canadian Hunter Whisky
750 ml, traveler
\$7.49

no coupon needed

Free 50ml bottle of liquor (up to \$1.00) with purchase of \$20.00 or more of edible grocery items, liquor, wine or beer.

HSBPA accepting applications for scholarships

The Howard-Suamico Business & Professional Association would like to provide financial support in the form of a scholarship to several graduating seniors from Bay Port High School who intend to pursue a four-year or technical college degree.

Student Qualifications

4 – Year Degree College Scholarship

- The student must be seeking a post-secondary degree at a four-year college or university
- The student must be admitted to a college or university
- The student must have a minimum 3.00 grade point average at Bay Port High School

The student must have demonstrated leadership qualities through participation in academic areas as well as extracurricular activities while attending Bay Port High School.

This scholarship will be awarded after the completion of the first semester of classes as a full-time student at a college or university of choice with the recipient having a grade point average of at least 2.75. Recipient must redeem award within two years from date of high school graduation.



Technical College Scholarship

- The student must be seeking a post-secondary degree at a technical college
- The student must be admitted to a program at a technical college
- The student must have a minimum 2.50 grade point average at Bay Port High School

This scholarship will be awarded after the completion of the

first semester of classes as a full-time student at a technical college of choice with the recipient having a grade point average of at least 2.50. Recipient must redeem award within two years from date of high school graduation.

Application Process

Students wishing to be considered for a scholarship should download either the HSBPA 4-Year Degree Application or the HSBPA Technical College Scholarship Application at www.hsbpa.org/scholarship. Specific application directions are on the informational page of the application.

Selection Process

Scholarship applicants will be reviewed by the Community Service Committee of the HSBPA. Recommendations will be solicited from the counselors at Bay Port High School. The recommendation of the Community Service Committee will be presented to the HSBPA Board of Directors to be voted upon. Any recommendation made by the committee must receive a majority vote to be considered valid.

For additional information and scholarship application, visit www.hsbpa.org/scholarship. Applications must be received by April 4, 2019.

“Soup R Bowl” event raises \$4,300 for charity



The 22nd Annual “Soup R Bowl” event raised \$4,300 for Exceptional Equestrians. Pictured from left to right are Kelly Lemmer & Amy Murphy — Board Member/Volunteer from Exceptional Equestrians, Rick & Lynn Vandervest — Vandervest Harley-Davidson, and Greg Roberts, Kay & Kerry Kozlowski — Packerland Harley-Owner’s Group.

The 22nd Annual “Soup R Bowl” event sponsored by Vandervest Harley-Davidson and the Packerland H.O.G. Chapter of Green Bay was held on Saturday, February 2nd in the Olde 41 Banquet Facility in Howard.

Organizers always incorporate the event into a

fundraiser for local charity. “This year we picked Exceptional Equestrians”, stated Erik Vandervest. Members of the Packerland H.O.G. Chapter donated soups along with the owners of Vandervest Harley-Davidson and volunteers from Exceptional Equestrians in DePere. They

had twenty flavors of soups to sample, a bake sale and raffles. They also added an “Antique Snowmobile” show for people to enjoy.

Trophies for soup winners, snowmobile winners and other expenses were covered by Vandervest Harley-Davidson.

Exceptional Equestrians is a place where handicap children can go and ride horse for therapy and exercise.

Vandervest Harley-Davidson and the Packerland H.O.G. Chapter presented Exceptional Equestrians a check for \$4,300 raised from the event.

H-S Lions seeking service minded individuals

For years, you coached your daughter’s soccer teams, your son’s baseball teams from tee ball to little league and now your children have graduated and you’re an empty nester or maybe you are just looking to become more involved in the community. Have you ever considered options to fill that void, such as becoming involved in a service organization?

The Howard-Suamico Lions Club is part of the largest organization in the world with over 1.4 million members. The majority of the Lions Club service projects are vision related with a major focus being on diabetes, which is the leading cause of blindness.

Locally, the Lions aid in vision screenings in daycare centers and provide eye-glasses to in need students and individuals in the Howard-Suamico commu-

nity. As well as, play a major role in transportation for the Wisconsin Lions Eye Bank Corneal Transplant Program.

The Howard-Suamico Lions are proud supporters of the Wisconsin Lions Camp where over 1,200 special needs children enjoy a camping experience each year at no cost to the camper.

Over the past 36 years, other groups have benefited from the Lions support and many Bay Port graduates have received Lions Club scholarships.

For anyone interested in learning more about the Lions Club or membership, the club will be holding an informational meeting on Tuesday, March 5th at 6:00 p.m. at the Rivers Bend located at 792 Riverview Drive in Howard.

For more information please contact Mark Minzloff at (920) 609-2086.

Be careful where you dump your trash



Garbage dumpsters and recycling dumpsters located on private business properties are not intended for public use. Most businesses have pickup schedules designed for their needs and public use creates issues and additional costs for those businesses. Some businesses have attempted to deter illegal dumping by locking dumpsters and even placing surveillance cameras on them. For additional information on proper disposal of items, please contact your local municipality.

Advertise in The Community Bulletin

See information on page 2 or online at www.communitybulletin.org

From the Howard-Suamico School District School Board

HSSD safety update

The tragic school shooting that claimed 17 lives at a high school in Parkland, Florida a year ago prompted mourning, debate, and reflection across the nation. The HSSD Board and district leadership reflected deeply and decided to review our own safety and security policies and protocols. Media coverage of, and subsequent debates after the Parkland incident, unlike past school shootings, illustrated a strong student and parent voice across the nation regarding safety and security in schools.

On August 22, 2018, the District hosted a Student Safety and School Security Summit at Lineville Intermediate School. This event was the first of its kind at Howard-Suamico. Board members, district leaders, staff members, parents and students attended. The main objective was to understand our community's feelings, questions and ideas on safety and security. Since the Sum-

mit, much work has taken place. This communication is designed to share what actions have been taken.

After the Parkland High School event, District leadership decided HSSD would take action in two ways.

First, leadership ensured that any surplus District financial resources would be earmarked only for staffing investments that helped create a more safe and secure learning environment. To this end, the following positions were added: Bay Port High School Associate Principal, one full-time social worker, one full-time school counselor, two Student Advocates, and a Safety and Security Coordinator. These investments were made before the first day of school in September, 2018.

Second, District leadership initiated a new committee with a diverse team of representatives including students and parents. The team has met seven times thus far. The Safety and Security Commit-

tee mission is: to foster safe and secure educational environments for all District stakeholders. The functions of the Committee are to conduct proactive policy and protocol review, recommend investments related to safety and security, and to enhance student, staff, district, community engagement and partnership.

The Safety and Security Committee started this school year by securing over \$528,000 in State Safety Grants. The bulk of the grant funding has been utilized to train all employees in both ALICE (threat response) and Trauma Informed Care (mental wellness). By the end of this year, all employees will be trained in each of the programs. Grant funds were contingent on the District completing school building assessments. The assessments were submitted to the State Office of School Safety and resulted in 12 recommendations on shoring up our building access protocol.

At this time, school buildings are testing the recommendations to inform how we can make all schools safer.

The Safety and Security Committee has more work to do. Each month the team is discussing what enhancements are needed to keep improving the learning environment for all. Currently the Committee is working on ways to engage more students, parents, and community partners. Perhaps this is the most important work the Committee is accomplishing, as everyone's voice matters in regard to safety and security. Doing what we can to protect our students, parents, and staff is our most important responsibility.

For more information about the Howard-Suamico School District, please visit our website at www.hssdschools.org or for additional information regarding this article, contact school board member, Garry Sievert at garsiev@hssdschools.org.

Roth vs. Traditional 401(k): Which is right for you?

submitted by Ilya Dayter, Edward Jones Financial Advisor

For many years, employees of companies that offered 401(k) plans only faced a couple of key decisions – how much to contribute and how to allocate their dollars among the various investment options in their plan. But in recent years, a third choice has emerged: the traditional versus Roth 401(k). Which is right for you?

To begin with, you need to understand the key difference between the two types of 401(k) plans. When you invest in a traditional 401(k), you put in pre-tax dollars, so the more you contribute, the lower your taxable income. Your contributions and earnings grow tax-deferred until you begin taking withdrawals, which will be taxed at your ordinary tax rate. With a Roth 401(k), the situation is essentially reversed. You contribute after-tax dollars, so you won't lower your taxable

income, but withdrawals of contributions and earnings are tax-free at age 59-1/2, as long as you've held the account at least five years.

So, now that you've got the basics of the two types of 401(k) plans, which should you choose? There's no one right answer for everyone. You essentially need to ask yourself these questions: When do you want to pay taxes? And what will your tax rate be in the future?

If you're just starting out in your career, and you're in a relatively low income tax bracket, but you think you might be in a higher one when you retire, you might want to consider the Roth 401(k). You'll be paying taxes now on the money you earn and contribute to your Roth account, but you'll avoid being taxed at the higher rate when you start taking withdrawals. Conversely, if you think your tax rate will be lower when you retire, you might be more inclined to go with the tradi-

tional 401(k), which allows you to avoid paying taxes on your contributions now, when your tax rate is high.

Of course, you can see the obvious problem with these choices – specifically, how can you know with any certainty if your tax bracket will be lower or higher when you retire? Many people automatically assume that once they stop working, their tax liabilities will drop, but that's not always the case. Given their sources of retirement income from investment accounts and Social Security, many people see no drop in their tax bracket once they retire.

Since you can't see into the future, your best move might be to split the difference, so to speak. Although not all busi-

nesses offer the Roth 401(k) option, many of those that do will allow employees to divide their contributions between the Roth and traditional accounts. If you chose this route, you could enjoy the benefits of both, but you still can't exceed the total annual 401(k) contribution limit, which for 2019 is \$19,000, or \$25,000 if you're 50 or older.

You may want to consult with your tax advisor before making any decisions about a Roth or traditional 401(k) – or Roth and traditional 401(k) – but in the final analysis, these are positive choices to make, because a 401(k), in whatever form, is a great way to save for retirement. Try to take full advantage of it.



At Your Service

AHLBORG TIRE & AUTO



DOUG AHLBORG OWNER

11936 Velp Avenue Green Bay, WI 54313 (920) 661-0973

www.ahlborgtire.com

Christina J. Kabara

Attorney at Law

The Law Offices of Christina J. Kabara, LLC 2149 Velp Ave., Suite 507 Green Bay, Wisconsin 54303 voice: 920-434-0777 fax: 920-434-0878



Estate Planning (Will), Probate Real Estate, Family Law (Divorce) Business Law (Contract)



Weslow Water Systems, Inc.

WELL DRILLING PUMP SYSTEMS

- ◆ Complete Well Drilling
- ◆ Service & Repair
- ◆ Well Abandonment
- ◆ Well Inspections

Emergency Service Licensed & Insured

434-1903

1710 Flowing Wells Ct. Suamico, WI 54173



Welcome to the end of the day™

Shooter M. Loch Manager

AmericInn of Green Bay West 2032 Velp Avenue Green Bay, WI 54303

Phone (920) 434-9790 Toll Free (866) 889-9790 Fax (920) 434-8970 greenbaywest.wi.americinn.com

www.americinnbw.com

All AmericInn locations are independently owned and operated under license agreement with AmericInn International, LLC

DREAMS BEGIN AT HOME.

Because with the right support, any dream is possible. And there's no better insurance than that.

Let's talk today.



Dale Antoine, Agent 2514 Glendale Ave Ste B, Green Bay Bus: (920) 434-6849 dantoine@amfam.com



American Family Mutual Insurance Company, S.I. and its Operating Companies, American Family Insurance Company, 6000 American Parkway, Madison, WI 53703 013515 - Rev. 5/11 @2017 - 6830707



ANIMAL HOSPITAL OF HOWARD Warm Hearts For Cold Noses

635 Cardinal Lane Green Bay, WI 54313 (920) 434-1010

www.animalhospitalofhoward.com

full service veterinary hospital boarding-grooming-pet supplies



Shop Howard-Suamico First!

H. Jack Koehne, CFP®, EA CERTIFIED FINANCIAL PLANNER™



2140 Velp Avenue Suite 101 Green Bay, WI 54303 T 920.393.4713 T 866.499.6248 jack.koehne@voyafa.com jackkoehne.com

PLAN INVEST PROTECT

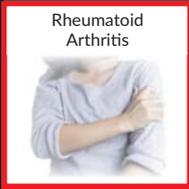
Investment adviser representative and registered representative of, and securities and investment advisory services offered through, Voya Financial Advisors, Inc. (member SIPC).

TAX AUDIT ACCOUNTING HAWKINS | ASH Part of your business. Part of your life. CPAs

920.336.9850 | HawkinsAshCPAs.com

Have You Tried CryoTherapy?

Common conditions shown to improve with CryoTherapy.

 Rheumatoid Arthritis	 Neck & Back Pain	 Chronic Pain Syndromes
 Athletic Recovery	 Sprains	 Headaches & Migraines
 Joint Pain	 Fibromyalgia	 Inflammation
 Insomnia	 Arthritis	 Anxiety & Depression

BodyWorks & Laser Clinic, LLC

(920) 234-5000 | www.bwlcgb.com | mel@bwlcgb.com
721 Cardinal Lane, Suite 200, Green Bay, WI 54313

Reality Day focusses on the financial literacy of our students

The Howard-Suamico School District invites you to invest in the financial literacy of our students.

What is Reality Day?

Reality Day is an interactive experience in which students encounter some of the financial challenges they will face when they start life on their own. Each student will identify a career choice and starting salary, then complete a budget requiring them to live within their monthly salary while paying for basic needs. It is an opportunity for youth to become aware of the need for skills in budget planning, goal setting, decision-making, and career planning.

What is the importance?

Today's economy makes the need for financial literacy more compelling than ever before. Reality Day empow-

ers students to develop the skills required to make sound financial decisions and prepares students for real-life scenarios they may face in the future.

What can your business do?

We invite you to participate in Reality Day 2019 at Bay Port High School. Much of the event's success is due to the joint participation of area businesses and community partners that can provide a hands-on, authentic learning experience for students. You can enrich a student's financial education by staffing a booth and engaging with students around your topic of expertise.

How can you get involved?

We are excited to offer an opportunity for students to in-

teract with the people that actually provide the services in their community. Business volunteers are needed to host booths and facilitate discussions about fiscal responsibility. Materials will be provided to assist you in your conversations, and there is no cost to participate. Please consider hosting a booth that relates to your specific field of business (i.e. real estate, apparel, transportation, fitness, etc.). This year's Reality Day will be held on Thursday, May 23rd, from 7:30 a.m. to 2:30 p.m. at the Bay Port High School Field House. To sign up online, please visit www.hssd-schools.org/volunteerprogram and click on Reality Day. For additional information, contact Beth Ashmead, Volunteer Coordinator at (920) 662-8186 or email at bethashm@hssdschools.org.

Shop Howard-Suamico First!



Laser Dentistry

Precision Technology That Will Make You Smile

DO YOU HAVE A GUMMY SMILE? Laser dentistry is a minimally-invasive option used to treat a gummy smile and many painful oral health problems. With laser dentistry, patients usually experience less discomfort and quicker healing!

Laser dental treatments effectively:

- Remove excess gum tissue comfortably and efficiently
- Treat gum disease and infection without surgery
- Minimize bleeding and swelling during soft tissue treatments
- Reduce teeth sensitivity
- Decrease pain and enhance healing of common oral irritations due to cold sores, canker sores or denture inflammation

EXPERIENCE THE BENEFITS OF LASER DENTISTRY!

Schedule your FREE CONSULTATION to see how the latest technology will make you smile.

(920) 497-8500

Comfortable & Anxiety-Free Dentistry
0% Financing • Most Insurances Accepted





DR. TIM MEYER
FIRST IMPRESSION DENTAL, LLC



www.fidentalgb.com • 2360A Duck Creek Parkway, Suite 1, Green Bay (Near Woodman's in Howard)

The Howard Suamico Business Directory

Table of business listings including Accountants, Churches, Clothing Alterations, Coffee Shops, and more.

Table of business listings including Construction, Counseling Services, Counter Tops, Dance Instruction, and more.

Table of business listings including Foods, Government Offices, Graphic Designers, Greenhouses, and more.

Table of business listings including Irrigation Systems, Jewelry, Landscaping, Lawn Maintenance, and more.

Table of business listings including Rentals-Real Estate, Restaurants/Bars, Retail, Schools, and more.

Shop Howard-Suamico First! Follow us on facebook