

Howard Chiropractic Clinic welcomes Dr. Steve Fisher

Howard Chiropractic Clinic is pleased to announce the addition of Dr. Steve Fisher to our team. With more than 15 years of experience in chiropractic care, Dr. Fisher brings both advanced clinical training and a genuine passion for helping patients live healthier, pain-free lives.



Dr. Steve Fisher

Dr. Fisher earned his Doctor of Chiropractic degree from Cleveland University in Kansas City in 2010 and has since gained extensive experience working with patients of all ages. His professional certifications include Active Release Technique, Dry Needling, Nutrition Counseling, and DOT Physicals. He is also in the process of completing the final requirements to achieve his Certified Chiropractic Sports Physician (CCSP) credential.

Dr. Fisher's interest in chiropractic care began at an early age. As a competitive wrestler, regular chiropractic visits kept him healthy and performing at his best throughout the season. That personal experience inspired him to pursue a career in chiropractic care so he could help others feel and function at their best.

In 2013, Dr. Fisher had the unique opportunity to coach and provide chiropractic care for the Wisconsin National Greco Wrestling Team at Nationals in North Dakota — an experience that combined his love of athletics with his professional expertise.

Outside the clinic, Dr. Fisher enjoys spending time with his two daughters, whether it's exploring local parks, rollerblading and ice

skating, or attending community events at the Howard Commons. He also has a background in volunteer coaching youth wrestling and enjoys giving back through the sport that shaped much of his own life.

A fun fact patients may be surprised to learn: Dr. Fisher writes children's books in his spare time — and he, along with his teammates, was inducted into the Missouri Sports Hall of Fame as part of the Platte County High School Varsity wrestling program (1999–2010).

Howard Chiropractic Clinic is proud to have Dr. Fisher join their team and look forward to the expertise and care he will bring to their patients and community. Dr. Fisher is now accepting new patients of all ages. Howard Chiropractic Clinic is located at 721 Cardinal Lane Suite 100 in Howard.

To schedule an appointment, call 920-434-2221 or visit them online at hccgb.com/schedule.

Rapid Refuel launches Green Bay area's first mobile fuel delivery service

Rapid Refuel, a locally owned company, has officially launched the first mobile fuel delivery service in the Greater Green Bay area, offering a faster, safer, and more convenient way to fuel vehicles and boats.

With Rapid Refuel, customers can order regular or diesel fuel directly to their driveway, workplace, or dock — eliminating the need to stop at a gas station. The company also offers exterior car washes as an add-on service, making it possible to return to a clean, full vehicle without ever leaving home.

"People are busier than ever, and we're here to give them back time in their day," said Tanya of Rapid Refuel. "Whether it's a busy family, a fleet of work trucks, or a weekend boater, Rapid Refuel delivers exactly what you need, right where you need it."

Subscription plans for every customer

Rapid Refuel offers multiple subscription options designed to fit different

lifestyles and businesses:

- **Family Plan** – Priority service for two vehicles with unlimited fill-ups, plus gas cans and more.
- **Fleet Subscription** – Customized fueling for fleet vehicles, vans, or equipment.
- **Employer Fuel Subscription** – An added employee perk where employers cover the subscription, and employees get their vehicles filled weekly at work.
- **Marine Subscription** – Boat fueling at home or directly at the dock.
- **Pay-As-You-Go** – Perfect for occasional or emergency fueling, paying a small delivery fee per visit.

Locally owned and operated

Rapid Refuel is proud to be Howard owned and operated, keeping dollars in the local economy while innovating how residents and businesses refuel.



See RAPID REFUEL, page 3

Rapid Refuel services customers with regular or diesel fuel directly to their driveway, workplace, or dock.

HSBPA Member Spotlight: NV Technologies Fire & Security provides state-of-the-art security solutions

NV Technologies Fire & Security stands as a beacon of protection for the local community. What began as a personal project has blossomed into a thriving, woman-owned business providing a comprehensive suite of fire and security solutions for both residential and commercial clients.



The company's story started in 2012 when founder Steve Van Straten installed a

security system at his Green Bay tavern, The Avenue Bar. The system's effectiveness exceeded his expectations, and word of his expertise quickly spread. Soon, neighboring businesses were requesting similar installations, and a new venture was born. By 2018, the company had grown significantly, leading

Steve to expand their services to include fire protection equipment installation and servicing. This expansion marked a new chapter for the business, as they became an authorized EST Fire Alarm

See NV TECHNOLOGIES, page 2

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NV TECHNOLOGIES / HSBPA
Member Spotlightfrom page 1

Dealer.

In 2022, the company's continued success led to the construction of a brand-new office at 1751 Velp Avenue in Howard. Today, the legacy of NV Technologies is carried on by Steve's daughter, Amy Coté, who is the majority owner. This transition has certified NV Technologies as a Woman Owned Small Business, a point of pride and distinction for the company.

NV Technologies Fire & Security's mission is clear: "To provide Real Solutions and Exceptional Value to the table every day." They specialize in a wide range of services, including the professional design, installation, and maintenance of fire alarm systems, as well as crucial fire and sprinkler system testing and inspections. They also offer reliable alarm monitoring services to ensure swift and professional response to any emergency.

Beyond fire safety, the company provides state-of-the-art security solutions. Their offerings include scalable video surveillance with advanced IP cameras and video management systems, along with versatile access control solutions that can be web-hosted or premise-based. With a particular focus on the healthcare industry, NV Technologies works to ensure that organizations maintain an environment free from life safety code deficiencies, providing compliant inspections and meticulous documentation. Through their commitment to continuous education for their technicians and a steadfast focus on safety codes, NV Technologies Fire & Security truly provides an integrated and professional approach to protecting properties in the community.

NV Technologies Fire & Security is located at 1751 Velp Avenue in Howard.

Recycling that counts:
Small actions drive big change

It's easy to overlook the value of household recycling and the significant benefits it has on our environment and economy. Brown County Resource Recovery reminds residents that recycling matters and that individual efforts have a compounding effect that contribute to lasting change.

cycling industry generates jobs and economic growth. It can cost manufacturers less to incorporate recycled materials instead of using virgin materials directly from natural resources, reducing overall energy and labor costs. As an example, aluminum takes significantly less energy (about one tenth as much) to recycle than to source, refine and smelt from raw materials to produce the final product.

"Every time you toss something in the recycling bin, it's easy to forget the impact that action can have," explains Mark Walter, Brown County Resource Recovery Business Development Manager. "It's important to take a step back and see the bigger picture, that recycling is a simple habit with a powerful impact."

Brown County Resource Recovery invites residents to recommit to responsible recycling. Whether it's sorting household waste or recycling a soda can, every action drives big changes and contributes to a cleaner, healthier community.

Environmental Impact

Recycling, reusing and repurposing helps conserve natural resources and significantly reduces pollution. For instance, recycling and reusing paper protects our forest ecosystems, while proper waste disposal keeps harmful materials out of our air and water.

Recycling lowers the demand for extracting raw materials from our environment and harvesting forest products. It can help to minimize industrial wastewater and emissions from decomposition in landfills.

Economic Advantages

Beyond environmental gains, recycling also offers economic advantages. The re-

Making the most of Medicare open enrollment

Submitted by Lee Schram, CEP[®], AAMS[™] Financial Advisor Edward Jones

When you turn 65, Medicare becomes a vital part of your health care coverage. But signing up is just the beginning. Many people don't realize that Medicare isn't a "set it and forget it" program. In fact, you have the opportunity — and often the need — to review and adjust your coverage every single year.

The annual Medicare Open Enrollment period, which runs from October 15 through December 7 each year, is your chance to take a fresh look at your health care needs and make sure your Medicare plan still fits your life. Then you can determine whether your medical and prescription plans need to be switched or dropped.

Just like your health can change from year to year, so can Medicare plans. Insurance companies may adjust their coverage and costs or even discontinue certain plans entirely. By taking time during the open enrollment period to compare your options, you might discover a plan that saves money, offers better coverage or both.

As a reminder, you have several options when it comes

to your Medicare coverage.

- Original Medicare (Parts A and B) covers hospital stays and medical services such as doctor visits. Part A typically comes with no monthly premium if you've worked for at least 10 years. Part B requires monthly premiums — \$206.50 or more in 2026, depending on your income. They may also be copays and deductibles.
- Medicare Advantage (Part C) offers an all-in-one alternative to Original Medicare. These plans are offered by private insurance companies. They often bundle together hospital, medical and prescription drug coverage. They may also include extra benefits like vision, dental and wellness programs that Original Medicare doesn't cover.
- Medicare Part D provides standalone prescription drug coverage for those who stick with Original Medicare.
- Medicare Supplement (Medigap) policies help cover the out-of-pocket costs that Original Medicare doesn't pay, such as copayments and deductibles.
- When shopping for Medicare plans, there are several important areas you should consider to deter-

mine which options are right for you:

- Out-of-pocket costs such as monthly premiums, deductibles, copayments and any other expenses Medicare doesn't cover. Sometimes a plan with a higher premium saves you money overall because of lower copays.
- Prescription drug coverage deserves special attention. All Medicare plans for 2026 will include a \$2,100 cap on what you pay out of pocket for covered prescription drugs, up from \$2,000 in 2025. However, this cap only applies to drugs that your plan covers, making it crucial to verify your medications are included.
- Your health care needs for the coming year matter too. Do you have surgeries planned? New health conditions to manage? You'll want to make sure your potential plan covers the care

you expect to need.

- Travel plans can also influence your choice. Original Medicare typically doesn't cover services overseas, so frequent travelers might want supplemental coverage for emergencies abroad.

If you don't make any changes during open enrollment, you'll likely be automatically reenrolled in your current plan for the following year, as long as it's still available and you continue paying required premiums.

Don't let your Medicare plan run on autopilot. Take advantage of the annual open enrollment period — between October 15 and December 7 — to ensure your coverage continues to serve you well in the year ahead.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC

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Security tip from Eagle Tech Corp.

Remote surveillance for at-risk people

It has never been more important to protect the most vulnerable in our communities here in Wisconsin. Many seniors and at-risk individuals want to live as independently as possible, without feeling like a burden on family or caregivers. The right technology makes this possible — providing safety, peace of mind, and the ability to respond quickly when something goes wrong.

Smart protection

Today's advancements in security and monitoring technology give families more options than ever before. From panic buttons and waterproof personal emergency pendants to modern surveillance cameras and access control systems, these solutions help keep loved ones safe without constant in-person visits.

Around-the-clock coverage

Smart devices can provide 24/7 monitoring, sending alerts in real time and ensuring that first responders are contacted immediately during emergencies. Each system can be tailored to meet an individual's unique needs — whether that means send-

ing a special notification if someone leaves the house late at night or setting up automatic wellness checks.

Remote Video Monitoring

Video monitoring systems allow families to check in from anywhere. Cameras with wide-angle lenses, HD video, night vision, motion detection, and two-way audio make it easy to see what's happening and communicate instantly. However, it's important to discuss the setup with your loved one to ensure it feels like protection, not an invasion of privacy.

Peace of Mind for Families

Whether through cameras, sensors, or emergency response systems, these technologies give families confidence that their loved ones are safe — while allowing vulnerable individuals to maintain their independence.

For more information about how to use these solutions to protect those who matter most, reach out to your local security experts in Howard-Suamico at Eagle Tech Corp. at 920-764-2888 or email eagletechdave@gmail.com.

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PO Box 11632 • Green Bay, WI 54307-1632
A PUBLICATION OF THE HOWARD SUAMICO BUSINESS AND PROFESSIONAL ASSOCIATION
VOLUME XLII—NUMBER 10

CIRCULATION

The next publication of The Community Bulletin will be the November 2025 issue. The paper will be in the mail on October 24, 2025 to Howard-Suamico area homes and businesses and can also be obtained at La Java, 431 Cardine Lane in Howard.

NEWS

The Community Bulletin is interested in printing local interest stories. These stories along with any photos can be submitted by the deadline for consideration in our next issue. Articles are placed in the paper on a "space available" basis. Information can be e-mailed to info@communitybulletin.org. When submitting by e-mail, please include "Community Bulletin Article" in the subject line.

ADVERTISING

Advertising rates below are for members of Howard-Suamico Business and Professional Association. Ads to be placed in the November 2025 issue must be received by October 20, 2025. Please allow 2 extra days for ads that require typesetting and layout. When submitting by e-mail, please include "Community Bulletin Ad" in the subject line.

Ad Size	Dimensions	Grayscale	Full Color
Business Card	3.375" w x 2" h	\$65.20	\$84.76
3.375" Square Ad	3.375" w x 3.375" h	\$89.10	\$115.83
1/8 Page	5.125" w x 4" h	\$150.00	\$195.00
1/4 Page	5.125" w x 8" h	\$288.00	\$374.40
1/2 Page	10.375" w x 8" h	\$456.00	\$592.80
3/4 Page	10.375" w x 12" h	\$676.80	\$879.84
Full Page	10.375" w x 16" h	\$883.20	\$1,148.16

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Bob Strazishar
marketing manager
920-656-8278 or
e-mail: info@communitybulletin.org

RAPID REFUEL / Green Bay Area's first mobile fuel delivery service

.....from page 1

How it works

Customers simply download the Rapid Refuel app (available for iOS and Android), create an account, choose a plan, and schedule their first delivery. Rapid Refuel's team handles the rest — fueling cars, trucks, equipment, or boats safely and efficiently. Skip the station. Ditch the lines.

Rapid Refuel is redefining convenience for Green Bay. With just a few taps, customers can have fuel and even a car wash delivered to their door.

For more information, visit www.rapidrefuelgb.com, download the Rapid Refuel app, or follow @RapidRefuel on Instagram and Facebook.

Career pathways learning through lunch

Bay Port High School is partnering with leading local businesses to host a series of Lunch and Learn events designed to connect students with real-world career opportunities.

Sponsored by local industry leaders, these sessions provide students with direct access to professionals who can share insights into career pathways, workplace expectations, and future opportunities.

Participating businesses include Miron Construction, Bellin Health, Capital Credit Union, ISG Engineering, and College Readiness Consultants. Each organization not only introduces students to their company and industry but also leads breakout sessions through specific departments, offering a closer look at specialized careers within their fields.

"These events give our students a unique opportunity to hear directly from employers about what different careers actually look like, beyond the job title," said Micki Volk, Coordinator for Howard-Suamico School District. "It's a way to inspire, inform, and guide our students as they think about their post-graduation plans."

The Lunch and Learns are open to all Bay Port High School students interested in exploring the highlighted career options. By fostering direct partnerships with local businesses, Bay Port aims to help students build valuable connections, broaden their career awareness, and take the first steps toward identifying pathways that match their interests and strengths.

For more information about the Lunch and Learn series, or to partner with Bay Port to host an industry Lunch and Learn, contact Micki Volk at mickivolk@hssdschools.org

WE'RE LOOKING FOR VENDORS!



Bay Port High School

CAREER FAIR

THURSDAY, NOVEMBER 20, 2025

10:30 AM - 1:15 PM

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 HOWARD-SUAMICO SCHOOL DISTRICT





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Kim's Tae Kwon Do promotes several students



Kim's Tae Kwon Do is delighted to announce the well-deserved promotions of their newest Black Belts. First Degree Black Belts (left to right): Elizabeth Rankin, Mila & Jon Eis, Kyria Tomac, Aubrey Vallati, Jaxon Glawe, and Jiraiya Garcia. Second Degree Black Belts (2nd Row, Right Side): Ben & Beth Risch, and Izaiah Dietze. Fourth Degree Black Belts (front right): Master Tim Dooley and Master Pam Haag. Second Degree Judo Black Belt (front row, 3rd from left) Rhonda Manning. On behalf of Grand Master Yung Sam Kim and Master Penny Duggan, they are very proud of their dedication and hard work. They all displayed great skill, power and control at their recent promotion testing. For more information visit kims-tkd.com or email kimstkdg@gmail.com.

Howard residents are invited to participate in 2025 Citizens Academy

The Village of Howard is hosting a Citizens Academy to provide residents with an inside look at how each department of the village functions. The program is an excellent opportunity for community members to learn more about their local government.

The Howard Citizens Academy was created in 2019 to help community members learn about and experience Village of Howard government and departmental operations firsthand.

This program provides an excellent opportunity for officials to interact with community members more closely, sharing village history, current practices, and vision for future growth.

The program's goals include delivering practical experiences for participants in a safe learning and sharing environment, building positive relationships, and further improving communication between local government officials and community members.

members.

The 2025 Citizens Academy is designed for Howard residents and business owners who are interested in learning about the community and its local government. Participants will also learn about potential involvement opportunities, including leadership roles and volunteerism.

The academy includes four learning sessions that will take place for two hours from 6:00 to 8:00 p.m. on Thursday evenings starting October

16. Sessions will consist of speakers, facility tours, and opportunities for experiential learning.

The academy concludes with a recognition of completion during the regularly scheduled Village Board meeting at 6:30 p.m. on Monday, November 10.

A maximum of 20 participants, including one student in grades 9-12, will be chosen through an application and selection process.

The 2025 Citizens Academy

information packet with application is available by scanning the QR code or at Howard Village Hall, located at 2456 Glendale Avenue.

Completed applications may be returned to Howard Village Hall or emailed to lwagnerkroening@villageofhoward.com. Applications must be received by 5:00 p.m. on October 6, 2025.

Selected academy participants will be contacted by October 10 to confirm their participation.



You're invited: Pre-referendum community engagement sessions

For the past few months, the Howard-Suamico School District (HSSD) has been engaging in a pre-referendum exploration process. HSSD is exploring possibilities to go to referendum in 2026, including the reinvestment of

the operational referendum, and a facilities referendum.

Community Engagement Sessions:

- October 6 from 6:00-8:00 p.m. at Lineville
- October 7 from 11:30 a.m.-

12:30 p.m. at the District Office (Large Training Room) - This session will be a shorter presentation with a large group sharing opportunity.

- October 7 from 6:00-8:00 p.m. at Meadowbrook

- October 8 from 6:00-8:00 p.m. at Bay Port

At these sessions, they will engage in dialogue about:

- Renewal of the Operational Referendum
- K-6 Schools: Space and

- Learning Environment
- Bay Port and Career & Technical Education
- District-Wide Capital Maintenance Projects

They hope you'll join them at one of these sessions and

share your input within this conversation. Your commitment to our students and community is appreciated. Stay up-to-date about the pre-referendum exploration process on the HSSD website.

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Peshtigo National Bank awards over \$10K in scholarships

Peshtigo National Bank proudly announces that over \$10,000 in Fair Scholarships has been awarded this year to more than 100 young individuals across the communities we serve. Each student received \$100, representing not only an investment in local youth but also a testament to the growing success of this initiative.

Now in its second year, the Fair Scholarship program has seen remarkable growth. In its inaugural year, over 60 applications were received, resulting in \$6,000 in scholarships awarded. This year, interest more than doubled, with over 100 applications submitted and more than \$10,000 awarded — a clear sign of the impact and enthusiasm the program is generating among local students and families.

“At Peshtigo National Bank, we believe that investing in our youth is investing in the future of our communities,” said Kelly Heroux, President & CEO of Peshtigo National Bank. “The growth of this program from \$6,000 in scholarships last year to over \$10,000 this year speaks to the dedication of our students and the importance of supporting community traditions like our county fairs.”

Applicants were evaluated based on their animal projects and the practices and responsibilities leading up to the fair. Their responses highlighted a strong commitment to hard work, responsibility, and community pride.

Peshtigo National Bank extends congratulations to all scholarship recipients and looks forward to continuing this tradition in future years.



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HOWARD-SUAMICO
SCHOOL DISTRICT

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Join the conversation!

Session Dates & Locations

- October 6 | 6–8 p.m. | Lineville Intermediate School
- October 7 | 11:30 a.m.–12:30 p.m. | District Office
- October 7 | 6–8 p.m. | Meadowbrook Elementary School
- October 8 | 6–8 p.m. | Bay Port High School



From the Howard-Suamico School District Board of Education

Financial and facilities future

This year, the Howard-Suamico School District's Board of Education will hold its public Budget Hearing and Annual Meeting on September 29 at 6:00 p.m. at the District Office Community Training Center, 2706 Lineville Road in Suamico. At this meeting, the Superintendent will also present a State of the District address.

The purpose of the Budget Hearing and Annual Meeting (also known as a Meeting of the Electors) is required by Wisconsin state law. There are legal requirements surrounding this event, and district leaders have long recognized it as an opportunity for the community and the school district to connect, to communicate, and to reach greater understanding.

During this event, district leaders and board members provide focus on achievements, needs, and the future of the district. Community members are presented with information about the operations of the school district, are able to ask questions, and vote on various motions.

Since 1993, school taxes have been influenced by state funding limits. This means that the state aid formula has not changed since 1993, even though HSSD has grown significantly. When the state increases its aid to schools, local tax levies tend to decrease. Therefore, the opposite is also true. Lawmakers have direct control over state aid to schools.

Unfortunately, state aid is

not sufficient to fund our HSSD schools. A referendum is a typical way for public school districts to continue to provide programs and staff that meet the needs of all students, as we have done in 2018 and 2021.

In 2021, the community passed two referendum questions.

1. \$5 Million: Operational referendum for five years that sunsets in 2027-28.

2. \$98 Million: Facilities referendum that provided significant renovation to Bay View Middle School and Forest Glen Elementary School, along with updates to each of the six other buildings.

The Board is looking at a potential referendum in spring or fall 2026. Stay tuned for community engagement sessions and survey opportunities in October 2025. These will be excellent opportunities for you to provide feedback about our financial and facilities future.

Please consider joining us on Monday, September 29 for the Budget Hearing and Annual Meeting and in October for community engagement sessions. Copies of the budget book will be available on the website and in the District Office, 2706 Lineville Rd., Green Bay, WI, 54313 beginning September 19, 2025. Budget books will also be available at the meeting on September 29.

Additionally, we are hosting Community Engagement Sessions for HSSD residents

to engage in dialogue with district leaders as part of the pre-referendum exploration process.

- October 6 from 6-8 p.m. at Lineville
- October 7 from 11:30 a.m.-12:30 p.m. at the District Office (Large Training Room)
- This session will be a shorter presentation with a large group sharing opportunity.
- October 7 from 6-8 p.m. at Meadowbrook
- October 8 from 6-8 p.m. at Bay Port

At these sessions, we will engage in dialogue about:

- Renewal of the Operational Referendum
- K-6 Schools: Space and Learning Environment
- Bay Port and Career & Technical Education
- District-Wide Capital Maintenance Projects

Learn more about the Howard-Suamico School District's budget and pre-referendum exploration process and Community Engagement Sessions.

For more information about the Howard-Suamico School District, please visit our website at www.hssdschools.org.

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The Big Question: Do you really need an independent insurance agent?

This is a common question: It's a fair question. In today's world, you can book a flight, order groceries, and even buy a car online. So why not Medicare?

Benefits can change every year. Agents know ahead which companies are raising rates, cutting benefits, or adding new ones. We know which formularies are dropping your prescription and which ones recently added it at a better tier. And something often overlooked: how benefits work versus how you're told they work. There can be subtle loopholes or details that

agents know that are not seen in simple line-item benefits. Every year, we go through our members' prescriptions, doctors, and health conditions to make sure they're in the right plan. Why? Because these plans change every year, and so do our clients' needs.

Independent vs. Captive Agents

There are two main types of insurance agents:

- **Captive agents:** They are committed to work for and represent one insurance company.
- **Independent agents:** They

represent multiple companies and products and can shop the entire market to find what works best for you.

Even if another plan in the area is better for your specific needs, better doctors, lower prescription costs, better dental coverage, they can't offer it. They're legally restricted.

About OnMedicare

At OnMedicare Insurance Agency, their agents are independent. They build long-term relationships with their clients and help them every

year. They compare their members' prescriptions, doctors, and health conditions to make sure they're in the right plan.

One of their favorite things to do is educate their clients, not pressure them. Their job isn't to convince you of anything. It's to help you understand your options and give you the space to make the decision that fits your life.

OnMedicare Insurance Agency is located at 345 Cardinal Lane. Visit them online at onmedicare.com or call 920-777-5771 for more information.

Helping parents talk to their children about school shootings

In light of recent events and ongoing concerns about school safety, parents often find themselves facing the difficult task of discussing school shootings with their children. These conversations can be challenging but are essential for helping children feel safe, understood and supported.

Emplify Health by Bellin offers guidance for parents on how to approach this sensitive topic with children at different developmental stages – elementary, middle, and high

school. Understanding that children's emotional and cognitive abilities vary by age is crucial. Tailoring the conversation to the child's level of understanding can help reduce anxiety and foster resilience.

Tips for Parents of Elementary Students:

- Use simple, clear language. Avoid graphic details that may be frightening.
- Reassure your child that schools are safe places and that adults are working hard to keep them safe.
- Encourage your child to express their feelings and listen attentively.
- Emphasize the importance of telling a trusted adult if they ever feel scared or see something concerning.
- Maintain routines to provide a sense of normalcy and security.

- Tips for Parents of Middle School Students:**
- Acknowledge that middle schoolers may have heard about school shootings from peers or media.
 - Encourage open dialogue and ask what they have heard or think about the topic.
 - Provide honest but age-appropriate information, avoiding sensationalism.
 - Discuss safety measures schools have in place and the importance of community vigilance.
 - Help them develop coping strategies for stress, such as physical activity, creative outlets, or talking to trusted adults.

- Tips for Parents of High School Students:**
- Recognize that high school students may seek more detailed information and have stronger opinions.
 - Engage in respectful conversations that validate their feelings and concerns.
 - Discuss the role of social media and how to critically evaluate information.
 - Encourage involvement in school safety initiatives or peer support groups.
 - Promote mental health awareness and the importance of seeking help if feeling overwhelmed.

Dr. Tiffany Born, Emplify Health by Bellin pediatric psychologist emphasizes the importance of considering the child's capability to process the information shared. "When discussing difficult topics like school shootings, it is vital to gauge the child's emotional readiness and cognitive ability to understand the information. Tailoring the conversation to their developmental stage – and providing the right amount of information for their age and questions – helps prevent unnecessary fear and supports wellbeing."

Parents are encouraged to stay informed about their child's school safety policies and to maintain open lines of communication. Providing a supportive environment where children feel heard and safe can make a significant difference in their emotional well-being. For more resources and support on talking to children about difficult topics, parents can visit bellin.org.



57TH ANNUAL HOWARD-SUAMICO CHRISTMAS PARADE
DECEMBER 6th , 2025 | 1:00pm START TIME

SPONSORED BY:



Come and experience the floats, bands, candy, and Santa on the streets of Howard. The parade route will travel from Bay View Middle School down Cardinal Lane to Glendale Ave, then east to Harwood north to Woodale Ave and finishing back at Bay View Middle School. There is NO cost to enter, so gather your friends and family together to construct a float and join in the festivities. ALL UNITS ARE ENCOURAGED TO BE DECORATED TO REFLECT THE THEME OF THE PARADE "MY FAVORITE CHRISTMAS MOVIE". We also encourage you to have music incorporated into your unit. ****In order to be considered for judging, please be in your assigned spot no later than 12:00****

ON LINE FORMS FOUND AT-----www.suamico.org or www.villageofhoward.com

NO ITEMS, INCLUDING CANDY, MAY BE THROWN FROM VEHICLES OR FLOATS! MUST BE HANDED OUT!

PLEASE CONSIDER BRINGING A DONATION FOR TOYS FOR TOTS

Remember that there is only 1 Santa and he is at the end of the Parade

For more information please contact Andy Caelwaerts at 920-676-5575 or Tina Seifert at 920-471-8264

Return all entries by 12/1/25 to:
HS PARADE COMMITTEE
5766 Wood Brook Circle, Little Suamico WI 54141
or email to: howardsuamicoparade@gmail.com

NAME OF CONTACT PERSON _____ PHONE _____

NAME OF ORGANIZATION _____

ADDRESS _____ CITY _____ ST _____ ZIP _____

EMAIL _____

TYPE OF UNIT: O FLOAT O CAR O TRUCK O BAND LENGTH NEEDED _____

THEME SUGGESTIONS _____

Howard Suamico Business Directory



New Members

N.E.W. Santa Claus
1303 Transfer Trl
Suamico
920-662-0625

Rapid Refuel
3990 Evergreen Av
Howard
920-371-3274

Become a Member

Scan the QR code for
HSBPA membership
information



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Share your message in November's Community Bulletin

The next publication of the Community Bulletin is the November 2025 issue and will be mailed to homes and businesses in the Howard-Suamico area on October 24, 2025. The deadline for submitting an ad or news story is Monday, October 20, 2025. For more information scan the QR code or contact Bob Strazishar at 920-655-8278 or email info@communitybulletin.org.

